

# AUSSIE MUSHROOMS GOURMET MUSHROOM Grow Kit

## Shiitake Mushroom Kit

### Things you will need:

- Spray Bottle filled with cooled boiled water
- Large Bucket or Container
- A brick or something heavy to sit your kit on
- Gladwrap

### 1. The thump and shock

- Thump, from around 5 inches above a hard surface, drop you kit so it thumps on the bench (this helps trigger lots of mushrooms to form at once)
- Shock, cut the top of your bag open and fill your bag upto just above the block with cold water and place in the fridge overnight (12-24 hours) (this simulates heavy rain and the start of winter when mushrooms start growing)

### 2. Get your large bucket and put around 2cm of water in the bottom, remove your kit from its bag, place your brick inside the bucket, now place your kit on the brick so its not touching the water,

### 3. Place some cling film over 80% of the top of your bucket, (the other 20% is for air exchange, Mushrooms need oxygen to breath)

### 4. Mist 1 - 2 times per day the walls of the bucket to keep the humidity high for the mushrooms

### 5. After each flush of mushrooms take the kit out of your bucket and let it dry out completely and rest somewhere dry for around 4 - 6 weeks. Start from step 1 again

### Common Questions

#### -My Kits not fruiting

If its too hot this can stop you kit fruiting

Try put somewhere between 10 - 20 Deg

Shitakes are very quick and should start to form within a week from starting

The kit is finished, you should get 2 - 6 flushes of mushrooms.

Mushrooms are a living breathing fungus, once its eaten all the nutrients it will grow no more mushrooms

#### -My mushrooms are growing really long stems and small caps

Mushrooms are like us they breath in oxygen and out CO2, they need more fresh air

#### -I dont have time to mist kit every day

You can set up a mushroom terrarium very easily, please contact us for instructions on how to make one

#### -Do you do discounts for regular / bulk ordering / Resellers and commercial Farms?

Yes we do, please contact us at [info@aussimushroomsupplies.com.au](mailto:info@aussimushroomsupplies.com.au)

